



Food parcels for 10 days

Please select Ham or Tuna

Also contained in your Food Parcel:

- 12 Eggs (2 x 6's)
- 2 Loaves of Bread
- 4 Baking Potatoes
  - 2 Cucumbers
  - 6 Salad Tomatoes
- 10 portions of fresh fruit (for example 4 satsumas, 3 apples, 3 bananas)
  - 400g of Cheese (2 x 200g block)
  - 2 Tins of Baked Beans
  - 6 Squeezy Yoghurts

Please contact school with your order  
email

[stmaries@knowsley.gov.uk](mailto:stmaries@knowsley.gov.uk)

We will contact you when your parcel has arrived